

Guys, Who Says You Have to Be James Bond to Spy On Your Cheating Spouse?

by Dr. Denise Wood, M. A., Psy. D.

If you're ready to catch your wife cheating, have weighed all the pros and cons of spying, and still think spying on your partner is worth it, then there are many options available for you to take a peak into your cheating spouse's private life. Some of the best places where you can look for the information you need are her computer, her cell, her car, and her footsteps.

Her Computer

There are a number of quality computer and E-mail monitoring programs available that will allow you to see what exactly your cheating spouse has been doing on his/her computer. KeyLog Pro is a PC monitoring program that runs in the background of your computer and records every web page that is accessed. It can help you view E-mails, web pages, IM's, and some Facebook or MySpace content, all without your spouse suspecting a thing. Not crazy about the idea of downloading spy software onto your computer? A portable device called the KeyCatcher Mini is a small, removable flash drive that can be inserted into your computer, and removed a short time later after it records every keystroke typed into your computer!

Her Cell

Are you finally convinced it's no coincidence that the mystery number on your spouse's cell phone keeps calling? If so, there are a number of websites and private detective agencies that can do cell phone number reversing, or in other words, retrieve the name and billing address of any unlisted cell phone number! The NNPI (National Network of Private Investigators) offers such a service for around \$65.00 a number.

Want to save money? Get more creative in your snooping! If you just want to know what type of messages your cheating woman sends to her male colleagues and acquaintances you can try this easy solution:

Go under her cell phone contact list. Switch your name and number with the name of another man whom you are suspicious of. Since most people call through contacts instead of dialing these days she most likely will not notice that the numbers have been switched. This means that every time she thinks she's texting "John from the office," the texts are actually going to you.

Her Car

Find out where your cheating wife goes whenever she pulls out of the drive with a GPS Tracking Device for automobiles. They are small and easy to hide in the vehicle, run on batteries, and can record up to 18 days worth of driving time.

Her Footsteps

In the most desperate of situations, a betrayed spouse can also consider following their spouse, or, hiring a private investigator to follow their spouse. Again, you should really think through the pros and cons of spying before you ever do anything this invasive to your spouse. There are risks involved with spying, so really weigh your options and think about the consequences before testing out your inner James Bond.

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